

MOUNT CARMEL SUPPORTED CARE HOME



Annual Report 2018

MOUNT CARMEL SUPPORTED CARE HOME

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Appendices:

1.0 Chairperson Introduction:

2018 was a challenging year for Mount Carmel, with financial challenges, staff changes and compliance plans been put in place following an HIQA inspections.

Despite the challenges the service delivered to the people who we support in Mount Carmel was maintained and the people where kept safe.

While we experienced challenges with regards to funding this was not an isolated experience as many of the group homes of Kilkenny experienced similar challenges. We must thank the HSE for their support around the funding challenges and with their support in overcoming the challenges in 2018.

Mount Carmel experienced considerable changes in staff in 2018 but by the final quarter of 2018 all vaccines had been filled bar our office administrator but this position was due to be filled in early 2019. Mount Carmel also welcomed a new Manager/PIC in the last quarter of the year.

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Following an HIQA inspection in 2018 the necessity to develop a compliancy plan was undertaken by both Board and staff.

Throughout 2018 we endeavored to provide the best service to the people we support in Mount Carmel, as you will see in the report we delivered services to 29 people in Mount Carmel in a respite and permanent home fashion and while 12 people transitioned out of Mount Carmel the vast majority into nursing homes or back to their own homes after respite we did have 2 people who past away, can I take this opportunity to offer my condolences to their family and friends again.

While we faced challenges in 2018 we must also remember that we provide close to 4000 home meals to people living in the community and provided independent living accommodation in our Bungalows to 10 people in 2018 in addition to the services provided in the Centre.

Can I thank all those who supported Mount Carmel in 2018 from our partners in HSE, to our stakeholders such as family members, all those who donated money, services such as all the people who supported the annual Callan Golf Club Classic in aide of Mount Carmel.

Finally can I thank all the staff for their work and efforts in a challenging year and also my fellow Board members for their dedication and time in ensuring that Mount Carmel Supported Care Home in meeting the challenges going forward and the needs of the people we supported in 2018.

Matt Doran
Chairperson
April 2019

2.0 Residents / Occupancy:

In 2018 there were 29 residents who resided in Mount Carmel Supported Care Home (MC), the capacity from a bed perspective is 20 beds. 10 of the residents were new admissions to the Centre.

2.1 Gender Profile:

As can be seen from figure 2.1 over 60% of the residents were male with females consisting of a little over 30% of the residents the Centre in 2018

Gender	Numbers	Percentage
Female	10	34%
Male	19	66%
Total	29	100%

Fig: 2.1

2.2 Age Profile:

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The age profile of the residents in MC range from the youngest at 55 years to the oldest at 94 years. The average age of the resident is 80 years of age. Highlighted in Figure 2.2

Gender	Average age	Oldest
Female	87 yrs.	94 yrs.
Male	80 yrs.	91 yrs.

Fig: 2.2

2.3 Length of stay (LOS):

The longest stay of a resident in the Center is over 10 years and nearly 40% of residents have been making Mount Carmel their home for over 3 years. An over view of LOS is outlined in Figure 2.3.

Length of Stay	Number	Percentage
<1 year	15	52%
2-3 years	4	14%
3-7 years	5	17%
7 +years	5	17%
Total	29	100%

Fig: 2.3

2.4 Permanent / Respite:

As already noted 29 people used the service in 2018, of the 29 people 4 were respite clients. These figures are out lined below in Figure 2.4.

Residency type	Numbers	Percentage %
Permanent	25	86
Respite	4	14

Fig: 2.4

2.5 Discharges / Transfers:

In 2018 the Centre had 12 discharges from service, the vast majority moving onto to nursing home facilities. Below figure 2.5 provides a more in-depth overview of the discharges/transfer from the service.

Discharge / Transfer	Number	Percentage
Nursing Home	7	58%
Home	2	17%
Past away	2	17%
Hospital	1	8%

Fig 2.5

3.0 Residents Consultation:

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The center engages in several methods around consultation with the residents and supporting to be active in their lives and the Centre. In the later quarter of 2018 additional structures were developed.

3.1 Resident / House meetings:

Records indicate that there were 4 resident/house meetings in 2018. A new manager/PIC took up position in the last quarter of 2018 and envisages more regular meetings and enhanced participation of residents.

A new structure was put in place with regards to resident /house meetings which consists of the following.

Agenda set by residents and Manager / PIC by placing agenda sheet on notice board See appendix 1.

Notification of meeting on the Notice board.

Previous minutes on Notice board.

A revised meeting recording template is now used (please appendix 2) for all meetings.

3.2 Health & Safety meeting:

The Health & Safety committee met 8 times throughout 2018. The committee consists of staff and residents of Mount Carmel and the following topics were covered:

- Weather warnings
- Safety Signage
- Fire safety.

3.3 Food & Meals Group:

This group was formed in the last quarter 2018 and follows the same makeup of the health and Safety group (staff & Residents). The groups allows for feedback and suggestions with regards to meals provided.

The group reports to the house/resident meetings but this does not negate individuals providing feedback and suggestions in relation to meals.

3.4 Residents Questionnaires:

Resident's questionnaires are also used to inform the Centre on possible improvements.

4.0 Activities:

The range of activities offered in Mount Carmel include the following:

- Facilitated Artwork and memory Art activities
- Bingo
- Hairdressing
- Daily Mass
- Music
- Individualised Activities based on Care Plan.

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Other activities included visits to the theater and community outings.



As a Centre we held a remembrance night during the Christmas period, this is where we opened our doors to the broader Callan community and invited families in to participate in a remembrance and a evening of song provided by the residents.



5.0 Staffing:

2018 saw considerable change in staffing for Mount Carmel with various positions becoming vacant and in the last quarter of 2018 a new manager / PIC took up position in Mount Carmel.

5.1 Staff training:

High levels of training took place in 2018 to ensure a high quality of service and as apart staff retention. Below is an outline of staff training that took place in 2018:

- Behaviour that Challenges
- Manual and Patient handling
- Safe Guarding Vulnerable Persons

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6.0 Governance:

The board of Directors met 9 times in 2018, please see figure 6.0

Date	Meeting Type
27.11.2018	General
30.10.2018	General
05.09.2018	General
26.06.2018	General
22.05.2018	General
30.04.2018	General
19.03.2018	General
26.02.2018	General
29.01.2018	General

Fig: 6.0

6.1 Sub committees:

As part of the development of enhanced governance structures the sub-committee structure of Mount Carmel was enhanced with the development of additional sub-committees. These are outlined below in figure 6.1.

Sub-committee	Chairperson/s	
Financial	Pattie McGuire / Frank McKenna	
Human resources (HR)	Eoin Carey	
Governance	Fergus Horgan	

Fig. 6.1

6.2 Organisational Structure:

Following the development of Sub-committee structure of Mount Carmel the organisational structure was revised, please see appendix 3.

7.0 Bungalows:

The Centre provides independent living accommodation on the grounds of Mount Carmel, currently there are 10 tenants living in the bungalows.

Major updating of the Heating system was undertaken this year with installation of solar panels on the roof and heat exchange units in all the bungalows to supply the heating and in turn replace the antiquated storage heating system.

8.0 Meals on Wheels:

The Centre provides meals on wheels to the broader Callan Community and in 2018 approximately 3900 meals were supplied.

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9.0 Day Service:

A day service is provided to the broader Callan Community and the following services are provided:

- Social Activities
- Lunch
- Chiropody
- Hairdressing
- Bingo
- Art and crafts
- Music therapy
- Collecting and dropping home by MC Staff.

Up to 12 people can avail of the day service provision

Appendix 1:

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Appendix 2:

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Appendix 3:

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